Blood Sugar Log Page 1

Name:

Date	Fasting		Before meal		After meal	
	Time	Result	Time	Result	Time	Result

Diabetes Log from Dr. King at ARFP
Fasting, before and after a meal testing
www.ARFP.com

Blood Sugar Log Page 2

Notes

Diabetes Log from Dr. King at ARFP
www.ARFP.com