Blood Sugar Log Page 1

Name:

Date	Fasting		After meal		Bedtime	
	Time	Result	Time	Result	Time	Result

Diabetes Log from Dr. King at ARFP
Fasting, after meal, bedtime testing
www.ARFP.com

Blood Sugar Log Page 2

Notes

Diabetes Log from Dr. King at ARFP
www.ARFP.com